

## Heed the Call: Responding to the Shepherd's Voice



Hello to the youth of Niigata!

Join us this Fall for some fun, food, and friendship! The Niigata Youth Retreat is for University students and working people under the Diocese of Niigata. Learn and participate in our activities, grow in prayer, and rediscover the joy of knowing the Lord together as we revive our youth community here in Niigata.

For those who can't understand Japanese, don't worry, the retreat will be conducted in both Japanese and English.

**When:** November 4th (1:00PM Saturday) - 5th (12:00NN Sunday), 2017 (overnight retreat)

**Where:** Niigata Catholic Cathedral

**Who:** Youth ages 19 and above who are under the Diocese of Niigata (including Niigata, Yamagata, and Akita Prefectures; Open to those who are not yet baptized but are also interested to join)

### **Why:**

1. To seek the Lord's will for our youth work in the Diocese of Niigata
2. To find out what we have in common despite the differences in our culture, ages, languages, etc.

**Adviser:** Fr. Sakamoto (from Aoyama Catholic Church)

**Fee:** 2,000 yen

Invite your friends as well!

Everybody's welcome to join us and have an ultimate bonding experience with other youth!

For inquiries or confirmation email us at:

[nig.par.seinen@gmail.com](mailto:nig.par.seinen@gmail.com)

**Deadline of confirmation:** September 22, 2017

### List of Things to Bring:

1. Pen and notepad
2. Change of clothes
3. Bath towel
4. Toiletries (toothpaste, toothbrush, facial wash, etc.)

**Note: If you're going to the public bath, no need to bring shampoo and body soap/wash.**

### Schedule:

|       |                    |  |
|-------|--------------------|--|
| Day 1 | 13:00              | Registration   |
|       | 13:30~16:30        | Welcome Remarks, Opening Prayer, Group Activities                            |
|       | 16:30~17:00        | Prepare for Dinner   |
|       | 17:00~17:45        | Dinner   |
|       | 18:00~19:30        | Bath Time: Either go at Yuttarien (public bath) or take a bath at the Church |
|       | 19:40~21:30        | Youth Activities Sharing and Night Prayers                                   |
|       | 23:00 Lights Out!  |  |
| Day 2 | 6:00               | Wake Up  |
|       | 6:30~7:30          | Breakfast  |
|       | 7:30~9:00          | Plan for Future Youth Activities and Prepare for Mass                        |
|       | 9:00~              | Assign Readers for the Mass; Mass is at 9:30 AM                              |
|       | 11:00~ about 12:00 | Closing Ceremony   |